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| **Holy Trinity C of E Primary School**  **School Improvement 2024-25** | | | | | | | | | |
| **Subject** | **PSHE and RSHE** | | | | | | | | |
| **Staff** | **Debbie Wheeldon** | | | | | | | | |
| **Strategic Subject Intent** | | | | **Intended Impact** | | | | | |
| At Holy Trinity, we promote the physical and social and emotional well-being of our whole school community from Early Years to Year 6. We recognise that child’s mental health is a crucial factor in their overall wellbeing and can affect their learning and achievement. We aim to develop children’s skills and talents to develop positive character traits and personal attributes to make sound decisions when facing challenges and complex contexts. We support pupils to become with essential skills to be independent, reflective lifelong learners and responsible adults who are happy and can be successful in adult life.  PSHE and RSHE are embedded in our ethos as defined in the Mission Statement and aims of the school.  **“Our aim is to meet the needs of individual children so that they are able to make the most of their abilities and to achieve personal excellence. We aim to prepare them to take on the responsibilities of later life in an atmosphere of a caring Christian setting.”**  We nurture and educate our pupils in order to help them to develop the knowledge, understanding and skills needed to live happy, healthy and successful lives. *Our Christian values encourage the principles of love, family, community, commitment, self-reliance, self-disciple, responsibility, trust and respect. We provide positive partnerships with the church, family, governors and relationships within the wider community.* | | | | * RSHE and PSHE(jigsaw) is covered within each year and covers all statutory requirements * Children have a deeper understanding of specific Personal, Social and Health issues and how their lives can be affected. * Pupil’s emotional, social and mental health issues are supported effectively in school. * Children are more resilient and believe in themselves and can persevere with tasks despite setbacks. * Children understand the importance of self-respect and self-worth. * Children can talk about their feelings / emotions and how they can make improvements and how to get help * Children can identify ways to keep safe and understand they have rights over their own bodies. * Vulnerable children (including SEND) are supported in school * Girls and boys are prepared for physical and emotional changes before they leave primary school | | | | | |
| **Subject Implementation** | | | **Linked personnel** | | **RAG** | | | | **Comments** |
| **Autumn** | **Spring** | | **Summer** |
| To introduce the new Jigsaw portal to staff.  (Aut) | | | D Wheeldon and all staff implement. | |  |  | |  | **Autumn**  **Spring**  **Summer** |
| To implement changed from RSHE government changes in policy and update website and overview.  (Aut) | | | D Wheeldon and all staff implement. | |  |  | |  | **Autumn**  **Spring**  **Summer** |
| To consult with parents about the changes in RSHE PSHE for parents and give Jigsaw information to staff.  (Set up parent questionnaires at parent meetings in Autumn.) | | | D Wheeldon | |  |  | |  | **Autumn**  **Spring**  **Summer** |
| To provide peer mentoring training for KS2 Wellbeing Ambassador. To plan Wellbeing and Mental Health activities and promote good mental health strategies.  (Autumn and throughout the year) | | | D Wheeldon  Alliance | |  |  | |  | **Autumn**  **Spring**  **Summer** |
| To implement Zone of Regulation with children and all staff. Build up resources and display around school.  (Autumn) | | | D Wheeldon  All staff | |  |  | |  | **Autumn**  **Spring**  **Summer** |
| To implement drawing and talking and update website.  (Autumn) | | | D Wheeldon | |  |  | |  | **Autumn**  **Spring**  **Summer** |
| To provide CPD and activities for mindfulness for children through Jigsaw activities and EP resources.  (Spring) | | | D Wheeldon  Staff  Alliance Trailblazer | |  |  | |  | **Autumn**  **Spring**  **Summer** |
| To revisit Thrive assessments and implementation with children from Head Teacher updates.  (Autumn) | | | D Wheeldon  A Baines | |  |  | |  | **Autumn**  **Spring**  **Summer** |
| **Funding & Resources** | | **Cost (Time & Money)** | | | | | **Links to Academy Council** | | |
| Training for staff –Mental Health, RSHE, Trailblazer  Staff Well Being resources  Thrive resources  Books for mental health | | £200  £150  £100  £150 | | | | | Christine Patton-Wood | | |
| **Evaluation** | | | | | | | | | |
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